


SEPTEMBER 2025

# NEWSLETTER

SPOTLIGHT ON PPE, RAMS BEST PRACTICE, AND  
EXCLUSIVE SAFETY OFFERS...



IN THIS EDITION OF THE SAFETY CDM NEWSLETTER, we're putting PPE in the spotlight - including our feature on head protection under CDM 2015 and a special helmet offer you won't want to miss.

We also take a closer look at *The Silent Risk* - why designers must consider safety from day one - and share a **free downloadable Toolbox Talk** you can start using on site today to keep your team engaged and compliant. Alongside this, we explore practical ways to make **RAMS more effective** in real-world conditions and highlight top safety products in our Work Safety Solutions advert, complete with an **exclusive free product offer**.



## The Silent Risk in Design: Why Safety Starts on the Drawing Board

When incidents happen on site, blame is often directed at the builder - but in many cases, the root cause lies further back, in the design. Under CDM 2015, designers have a legal duty to consider safety from the very start. Every drawing and specification carries safety consequences. We've seen real-world examples where poor design led to serious risks:

- A roof light installation with no access plan, leading to unsafe ladder use
- Steelwork with no installation clearance, causing injury during cutting at height
- A handover revealing no safe method for window cleaning - a costly, last-minute discovery

These aren't just construction errors - they're design blind spots. And they're preventable.

CDM Regulation 9 requires designers to eliminate or control foreseeable risks, considering not just construction, but how the structure will be used, cleaned, maintained, and eventually altered or demolished.

At Safety CDM, we've worked alongside design teams for years - helping integrate tools like Design Risk Registers, flag residual risks clearly, and ensure CDM Advisors are involved from the early stages.

BLOG

**THE SILENT RISK: WHY DESIGNERS MUST THINK SAFETY FROM DAY ONE**

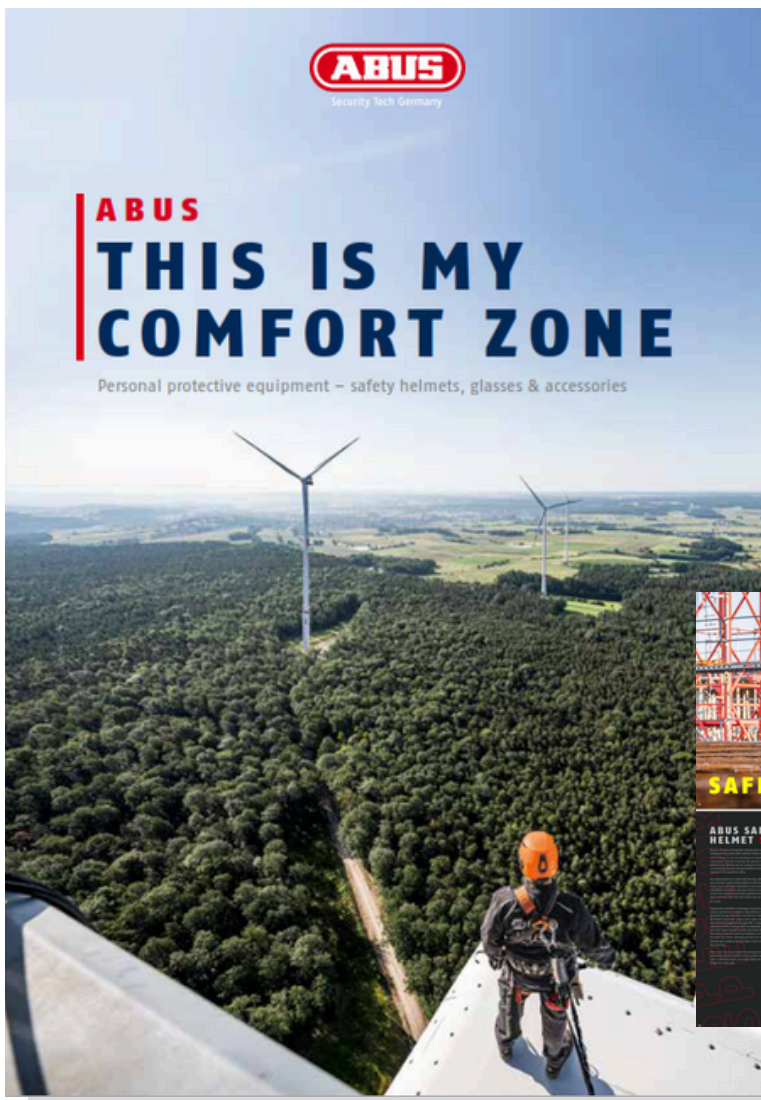
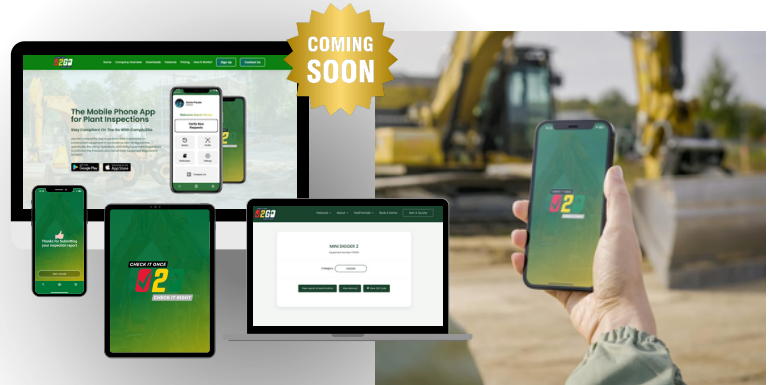


Read the full blog to learn what your duties are, where designs often go wrong, and how to build safer thinking into your process.

## COMING SOON - NEW FEATURES & SIMPLE PRICING

- ★ Simple Price Plan - from just £9.99 per month
- ★ New Site Checks - including Scaffold Inspections & Fire Risk Assessments
- ★ All Your Site Checks - in one convenient Mobile App

Full details will be revealed in the next issue - but these updates are designed to save you time, reduce paperwork, and keep every site compliant with less effort.



## ABUS: Where Safety Meets Comfort

In construction, comfort and protection are non-negotiable. That's why we trust ABUS for safety helmets, glasses, and accessories designed to perform in all kinds of site conditions.

From the latest Spector Safety Helmet to protective eyewear and accessories, the ABUS range is engineered with your safety - and your comfort - in mind.



Browse the full ABUS PPE Catalogue and find the right protection for your next project.



## PPE in Construction: Protecting What Matters Most

Every day on a construction site comes with hazards - from **heavy machinery** and **moving loads** to low-hanging structures and **unpredictable site conditions**. That's why Personal Protective Equipment (PPE) isn't just a box to tick; it's a lifeline.

From high-visibility vests to sturdy boots, PPE plays a vital role in keeping your team safe. But one item stands out as the ultimate protector - the hard hat. This simple piece of kit guards the most vulnerable part of the body: the head.

### Head Protection: More Than Just a Hard Hat

*Falls from height remain the leading cause of fatal accidents in construction (HSE, 2025).*

Head injuries remain one of the most **serious risks in construction**. According to HSE data, even with modern safety standards, they still account for a significant proportion of **life-changing and fatal accidents** each year.

Falling tools, shifting materials, or even something as simple as an unnoticed steel beam overhead can cause **devastating injuries**. A hard hat, fitted correctly and in good condition, can be the difference between a minor incident and a life-altering injury.

### Meeting the Standards - Staying Compliant

Having a hard hat isn't enough. Under the CDM Regulations 2015, contractors and principal contractors must ensure that sites are **safe and that appropriate PPE** is provided wherever risks remain.

The Personal Protective Equipment at Work Regulations 1992 (updated in 2022) also require that hard hats:

- Meet relevant safety standards (EN 397 for industrial safety helmets)
- Are well-maintained and replaced when worn or expired
- Are provided free of charge to workers
- Come with clear instructions for use

If your hard hats are damaged, expired, or not up to standard, you could be putting your team - and your legal compliance - at risk.

## Our Pick for Comfort and Compliance - ABUS Safety Helmets

At Safety CDM Ltd, we're committed to helping you maintain the highest standards of safety across all your projects. That's why we recommend the **ABUS Spector E Safety Helmet** - a rugged, ergonomic solution designed for the realities of modern construction.

Developed by ABUS, a global leader in safety innovation, the Spector E goes beyond the basics to offer enhanced protection and all-day comfort.



### Why we recommend it:

- ✓ **EN 397 Certified** – High-impact protection with added lateral deformation resistance
- ✓ **Ventilation Channels** – Keeps workers cooler in challenging conditions
- ✓ **Adjustable Fit** – Ergonomic twist-dial headband for secure, all-day wear
- ✓ **Rain Gutter & Extended Peak** – Added protection from weather and debris
- ✓ **Accessory Ready** – Compatible with visors, ear defenders, and helmet lamps

### Order Your ABUS Helmet Today - Exclusive Safety CDM Offer

Order now and receive **20% off your first purchase** of ABUS Spector E helmets.

Email Mark at [mark@cdm2015regs.co.uk](mailto:mark@cdm2015regs.co.uk)

Call 01494 445774 or 07984 019979

Speak to our team for more info

**SPECIAL OFFER**





Security Tech Germany



**SAFETY HELMETS**

# **THIS IS MY COMFORT ZONE**

Discover the future of Spector Construction helmet, which offers extreme comfort and is also trend-setting in terms of design. It sets new standards not only for work at height, but also on construction sites and in industry. The Spector is the premium model for your safety at work. Whether you are carrying out maintenance work on wind turbines or steering the excavator during demolition work - the Spector gives you a new experience of occupational safety.

[www.abus.com/psa](http://www.abus.com/psa)

# Toolbox Talks That Work: Turning RAMS into Real-World Action

Too many **RAMS** (Risk Assessments and Method Statements) end up gathering dust - printed, signed... and forgotten. But when used properly, RAMS are more than a compliance exercise. They're the foundation of **effective site safety** and one of the best ways to turn written risks into real-world actions.

## Why RAMS Often Fall Short

- **Generic statements** nobody reads
- Office **jargon** instead of site-ready language
- Documents written for auditors, not operatives

When RAMS **don't connect with the people actually doing the work**, they become a tick-box exercise - leaving teams exposed to unnecessary risks.



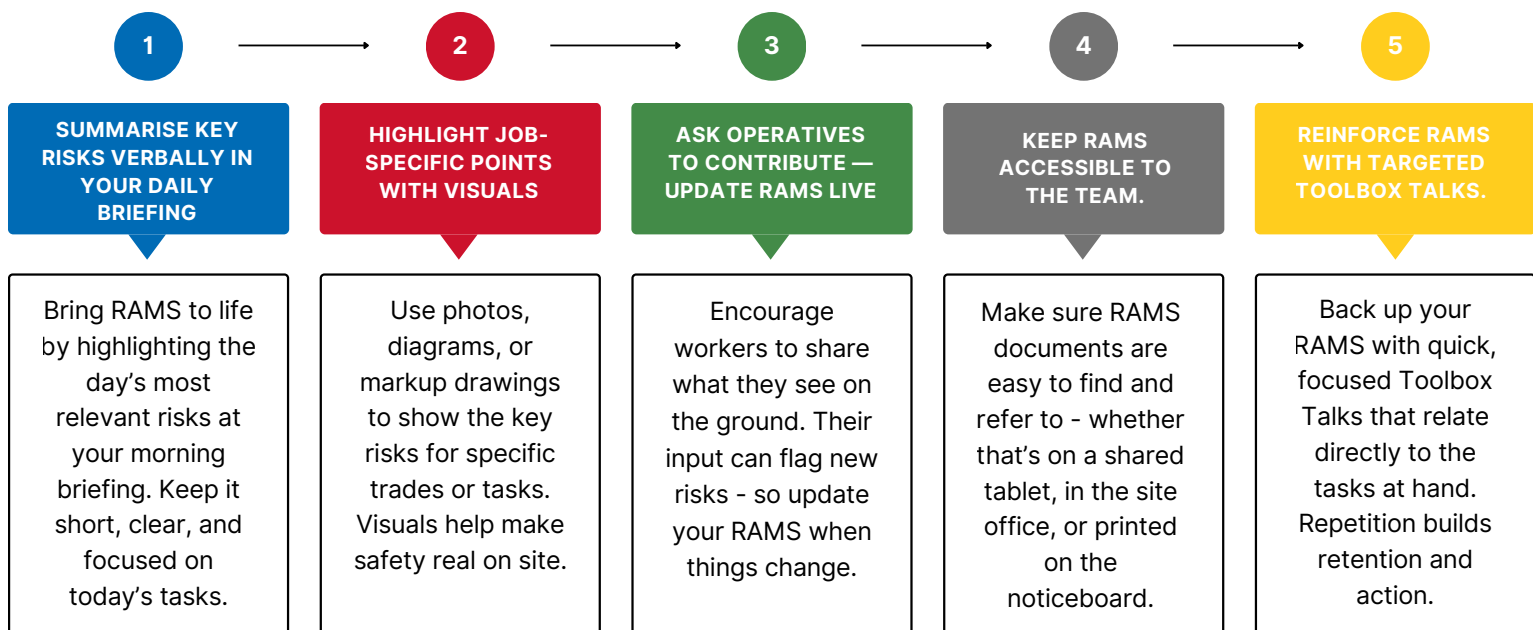
## Making RAMS Count

To be effective, RAMS need to be:

- **Site-specific** - not copied from another job
- **Practical** - written in clear, straightforward language
- **Interactive** - delivered in person, not just emailed

That's why we've put together 5 simple, practical ways to make RAMS matter on site. Use these steps to turn them from static paperwork into a living safety tool your team can rely on.

## 5 WAYS TO MAKE RAMS MATTER



## FREE TOOLBOX TALK DOWNLOAD

Turn RAMS from "just paperwork" into a **practical**, on-the-ground safety tool. Our **ready-to-use** Toolbox Talk gives supervisors everything they need to brief Risk Assessments and Method Statements clearly, confidently, and in a way that sticks.

- ✓ Simple, straightforward explanations
- ✓ Step-by-step guidance for briefing your team
- ✓ A clear link between written RAMS and real-world action

Download it today and start making your RAMS briefings faster, sharper, and more effective - keeping your team informed, engaged, and safe.

**FREE DOWNLOAD**



**RISK ASSESSMENTS AND METHOD STATEMENTS**

# SPECIAL OFFER

**FREE**

## **Master Lock** KEYSAFE 5401

Spend £250+ (ex. VAT) & get a  
FREE Master Lock Keysafe

Use Code **WSSFREEKEYSAFE** - T&C's apply (see below)

Contact [info@worksafetysolutions.co.uk](mailto:info@worksafetysolutions.co.uk) or visit [www.worksafetysolutions.co.uk](http://www.worksafetysolutions.co.uk)



**FREE  
PRODUCT  
WORTH  
£34.26**



### PRODUCT ALERT

**Master  
Lock**

**WORK SAFETY  
SOLUTIONS**

## **PLASTIC LOCKOUT HASP WITH 3MM SHACKLE S442**

Specially designed for  
electrical lockout  
applications. With its  
3mm diameter shackle,  
it is easy to install and it  
accepts up to 4  
padlocks.



**£11.00  
+ VAT**



**BUY NOW**

- MADE FROM HIGHLY DURABLE, NON-CONDUCTIVE PLASTIC
- THINNER 3MM DIAMETER PLASTIC SHACKLE
- RED BODY TO INCREASE VISIBILITY
- ACCOMMODATES UP TO 4 PERSONAL PADLOCKS
- INCLUDES LABELS IN FRENCH, SPANISH & ENGLISH
- OPTIMAL OPERATING TEMPERATURES -10°C TO 50°C

### PRODUCT ALERT

**Master  
Lock**

**WORK SAFETY  
SOLUTIONS**

## **COMPACT GROUP LOCK BOX S3570**

This ultra-compact  
lockout box is the ideal  
for maintenance  
operations on industrial  
equipment. The S3570  
can be wall-mounted and  
easily transported. Its  
compact design holds  
up to 6 padlocks inside  
for protected storage,  
and accepts up to 8  
padlocks or lockout  
hasps.



**£63.00  
+ VAT**



**BUY NOW**

- TRANSPARENT POLYCARBONATE WINDOW WITH TOP HINGE FOR IMPROVED KEY VISIBILITY
- 6 HOOKS INSIDE THE BOX FOR HANGING KEYS AND KEEP THEM VISIBLE
- SLIDING LOCKING RAIL CAN BE LOCKED WITH UP TO 8 PADLOCKS OR HASPS
- 2 EXTERNAL HOOKS FOR EASY ATTACHMENT OF DEDICATED LOCKOUT DOCUMENTS OR HANG LOCKOUT LABELS
- OPTIMUM OPERATING TEMPERATURES -40°C TO 65°C

### PRODUCT ALERT

**DURA STRIPE**

**WORK SAFETY  
SOLUTIONS**

## **DURASTRIPE COLD STORAGE**

DuraStripe Cold  
Storage combines a  
durable, impact  
resistant striping  
surface with an  
aggressive, low  
temperature adhesive  
to deliver a safety  
striping material that  
conquers the cold.  
Available in 2" (5cm)  
and 4" (10cm)  
widths of 100ft  
(30M) rolls.



**FROM  
£91.00  
+ VAT**

**BUY NOW**

- STRONG BOND - AGGRESSIVE BONDING PROPERTIES DELIVER EXCEPTIONAL PERFORMANCE IN COLD AND WET ENVIRONMENTS.
- BEVELED EDGES - ASSIST DRAGGED OR PUSHED PALLETES IN SLIDING OVER THE STRIPE TO RESIST CHIPPING, SLICING AND TEARING, EVEN IN COLD ENVIRONMENTS.
- COLOR VARIATIONS - 7 SOLID COLORS AND 4 HAZARD STRIPES OFFER MULTIPLE VISUAL IDENTIFICATION OPTIONS.

### PRODUCT ALERT

**Master  
Lock**

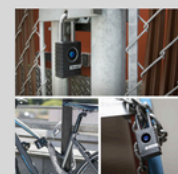
**WORK SAFETY  
SOLUTIONS**

## **BLUETOOTH SMART PADLOCKS - OUTDOOR USE 4401**

Master Lock  
Bluetooth®  
padlocks make  
life simple. Your  
phone is the key.  
No physical key to  
lose and no  
combination to  
forget.



**£143.00  
+ VAT**



**BUY NOW**

- WORKS WITH THE MASTER LOCK VAULT ENTERPRISE APP (IOS, ANDROID & WEB)
- UNLOCK WITH YOUR SMARTPHONE - NO KEYS OR COMBINATIONS NEEDED
- NO RISK OF KEY LOSS OR DUPLICATION
- BACKUP ACCESS VIA DIRECTIONAL KEYPAD CODE
- SHARE ACCESS WITH OTHERS - SET IT AS TEMPORARY OR PERMANENT
- TRACK USAGE WITH DETAILED ACCESS LOGS AND AUDIT TRAILS
- LOW BATTERY ALERTS ON BOTH PADLOCK AND APP
- CR2 BATTERY INCLUDED - EASY TO REPLACE
- BATTERY JUMP FEATURE ALLOWS EMERGENCY ACCESS EVEN WHEN THE BATTERY IS DEAD

## Caught Without Cover: What CDM Says About Emergency Planning on Site

Too many construction sites still treat emergency planning as an afterthought - until something goes wrong.

Under CDM 2015, emergency arrangements aren't optional. They're a legal duty for all dutyholders - even on smaller or short-duration projects.

## What the Law Says

CDM Regulation 29 requires Principal Contractors and others to:

- Plan for foreseeable emergencies (fires, flooding, gas leaks, structural failures)
- Provide clear evacuation procedures
- Coordinate with emergency services
- Make sure every worker knows the plan

## Why It Gets Missed

Generic, untested plans and "common sense" assumptions leave gaps that HSE will spot immediately. We've seen real issues like:

- Blocked evacuation routes
- No assembly point
- Missing or expired extinguishers
- No drills for rotating subcontractor teams

## Your CDM-Compliant Emergency Prep Checklist

- ✓ Site-specific fire plan
- ✓ Signed evacuation routes
- ✓ Trained fire marshal
- ✓ Weekly checks of alarms/extinguishers
- ✓ Regular briefings and drills
- ✓ Emergency contacts clearly posted

Even on small sites, you still need a written plan, trained operatives, and access routes for emergency services.

## PROFESSIONAL CDM SUPPORT THAT GOES BEYOND THE BASICS

At Safety CDM Ltd, we deliver expert consultancy under the CDM 2015 Regulations, offering practical, no-nonsense expert guidance to help you stay compliant and safe.



We pride ourselves on fast, responsive support tailored to the demands of your project.

Our services include:

- ✓ CDM 2015 Project Compliance for Clients, Designers & Contractors
- ✓ Pre-Construction Information
- ✓ Construction Phase Plans
- ✓ Risk Assessments & Method Statements
- ✓ Health & Safety Files
- ✓ Construction Management Plans for Planning Conditions
- ✓ Site Safety Audits

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**SAFETY CDM LTD – DESIGN SMART. BUILD SAFE. STAY COMPLIANT.**